BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA

In the Matter of the Accusation Against: )
) )
) )
) )
) )
MICHAEL ANDREW ARATA, M.D. ) Case No. 800-2015-014936
) )
) )
Physician's and Surgeon's )
Certificate No. A 70967 )
) )
Respondent )
) )

DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on July 12, 2019.

IT IS SO ORDERED: June 12, 2019.

MEDICAL BOARD OF CALIFORNIA

[Signature]
Ronald H. Lewis, M.D., Chair
Panel A
Before the 
Medical Board of California 
Department of Consumer Affairs 
State of California 

In the Matter of the Accusation Against: 

Michael Andrew Arata, M.D. 
4501 Birch Street 
Newport Beach, CA 92660 

Physician’s and Surgeon’s Certificate No. A70967 

Respondent. 

It is hereby stipulated and agreed by and between the parties to the above-entitled proceedings that the following matters are true: 

PARTIES 

1. Kimberly Kirchmeyer (Complainant) is the Executive Director of the Medical Board of California (Board). She brought this action solely in her official capacity and is represented in this matter by Xavier Becerra, Attorney General of the State of California, by Martin W. Hagan, Deputy Attorney General. 

2. Respondent Michael Andrew Arata, M.D. (Respondent) is represented in this proceeding by Raymond J. McMahon, Esq., of Doyle Schafer & McMahon, whose address is: 5440 Trabuco Road, Irvine, California 92620.
3. On or about March 3, 2000, the Board issued Physician's and Surgeon's Certificate No. A70967 to Respondent. The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2015-014936, and will expire on September 30, 2019, unless renewed.

JURISDICTION

4. On or about June 28, 2018, Accusation No. 800-2015-014936 was filed before the Board, and is currently pending against Respondent. The Accusation and all other statutorily required documents were properly served on Respondent on June 28, 2018. Respondent timely filed his Notice of Defense contesting the Accusation. A true and correct copy of Accusation No. 800-2015-014936 is attached hereto as Exhibit A and incorporated herein by reference as if fully set forth herein.

ADVISEMENT AND WAIVERS

5. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in Accusation No. 800-2015-014936. Respondent has also carefully read, fully discussed with counsel, and understands the effects of this Stipulated Settlement and Disciplinary Order.

6. Respondent is fully aware of his legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to confront and cross-examine the witnesses against him; the right to present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.

7. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

///
///
///
///
CULPABILITY

8. Respondent agrees that, at an administrative hearing, Complainant could establish a prima facie case with respect to the charges and allegations in Accusation No. 800-2015-014936, and that he has thereby subjected his Physician's and Surgeon's Certificate No. A70967 to disciplinary action. Respondent further agrees to be bound by the Board's imposition of discipline as set forth in the Disciplinary Order below.

9. Respondent further agrees that if he ever petitions for early termination or modification of probation, or if an accusation and/or petition for revocation of probation is filed against him before the Board, all of the charges and allegations contained in Accusation No. 800-2015-014936 shall be deemed true, correct and fully admitted by Respondent for purposes of that proceeding or any other licensing proceeding involving Respondent in the State of California or elsewhere.

10. Respondent further agrees that he will not seek reinstatement from or with the U.S. Food and Drug Administration (FDA), pursuant to 21 C.F.R. section 812.119, subdivision (f), or any other applicable authority, to have his eligibility reinstated to conduct clinical trials or investigations for products regulated by the FDA, that was revoked by the FDA through their Denial of Hearing and Disqualification Letter of May 21, 2018.

11. Respondent agrees that his Physician's and Surgeon's Certificate is subject to discipline and he agrees to be bound by the Board's probationary terms as set forth in the Disciplinary Order below.

CONTINGENCY

12. This stipulation shall be subject to approval by the Medical Board of California. Respondent understands and agrees that counsel for Complainant and the staff of the Medical Board of California may communicate directly with the Board regarding this stipulation and settlement, without notice to or participation by Respondent or his counsel. By signing the stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary Order...
Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.

13. The parties agree that this Stipulated Settlement and Disciplinary Order shall be null and void and not binding upon the parties unless approved and adopted by the Board, except for this paragraph, which shall remain in full force and effect. Respondent fully understands and agrees that in deciding whether or not to approve and adopt this Stipulated Settlement and Disciplinary Order, the Board may receive oral and written communications from its staff and/or the Attorney General's Office. Communications pursuant to this paragraph shall not disqualify the Board, any member thereof, and/or any other person from future participation in this or any other matter affecting or involving respondent. In the event that the Board does not, in its discretion, approve and adopt this Stipulated Settlement and Disciplinary Order, with the exception of this paragraph, it shall not become effective, shall be of no evidentiary value whatsoever, and shall not be relied upon or introduced in any disciplinary action by either party hereto. Respondent further agrees that should this Stipulated Settlement and Disciplinary Order be rejected for any reason by the Board, respondent will assert no claim that the Board, or any member thereof, was prejudiced by its/his/her review, discussion and/or consideration of this Stipulated Settlement and Disciplinary Order or of any matter or matters related hereto.

ADDITIONAL PROVISIONS

14. This Stipulated Settlement and Disciplinary Order is intended by the parties herein to be an integrated writing representing the complete, final and exclusive embodiment of the agreements of the parties in the above-entitled matter.

15. The parties agree that copies of this Stipulated Settlement and Disciplinary Order, including copies of the signatures of the parties, may be used in lieu of original documents and signatures and, further, that such copies shall have the same force and effect as originals.

16. In consideration of the foregoing admissions and stipulations, the parties agree the Board may, without further notice to or opportunity to be heard by Respondent, issue and enter the following Disciplinary Order:
DISCIPLINARY ORDER

IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A70967 issued to Respondent Michael Andrew Arata, M.D. is revoked. However, the revocation is stayed and Respondent is placed on probation for five (5) years on the following terms and conditions.

1. **EDUCATION COURSE.** Within 60 calendar days of the effective date of this Decision, and on an annual basis thereafter, Respondent shall submit to the Board or its designee for its prior approval educational program(s) or course(s) which shall not be less than 40 hours per year, for each year of probation. The educational program(s) or course(s) shall be aimed at correcting any areas of deficient practice or knowledge and shall be Category I certified. The educational program(s) or course(s) shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure. Following the completion of each course, the Board or its designee may administer an examination to test Respondent's knowledge of the course. Respondent shall provide proof of attendance for 50 hours of CME of which 25 hours were in satisfaction of this condition.

2. **MEDICAL RECORD KEEPING COURSE.** Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a course in medical record keeping approved in advance by the Board or its designee. Respondent shall provide the approved course provider with any information and documents that the approved course provider may deem pertinent. Respondent shall participate in and successfully complete the classroom component of the course not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully complete any other component of the course within one (1) year of enrollment. The medical record keeping course shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A medical record keeping course taken after the acts that gave rise to the charges in the Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the course would have been approved by the Board or its designee had the course been taken after the effective date of this Decision.
Respondent shall submit a certification of successful completion to the Board or its
designee not later than 15 calendar days after successfully completing the course, or not later than
15 calendar days after the effective date of the Decision, whichever is later.

3. **PROFESSIONALISM PROGRAM (ETHICS COURSE).** Within 60 calendar
days of the effective date of this Decision, Respondent shall enroll in a professionalism program,
that meets the requirements of Title 16, California Code of Regulations (CCR) section 1358.1.
Respondent shall participate in and successfully complete that program. Respondent shall
provide any information and documents that the program may deem pertinent. Respondent shall
successfully complete the classroom component of the program not later than six (6) months after
Respondent's initial enrollment, and the longitudinal component of the program not later than the
time specified by the program, but no later than one (1) year after attending the classroom
component. The professionalism program shall be at Respondent's expense and shall be in
addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A professionalism program taken after the acts that gave rise to the charges in the
Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board
or its designee, be accepted towards the fulfillment of this condition if the program would have
been approved by the Board or its designee had the program been taken after the effective date of
this Decision.

Respondent shall submit a certification of successful completion to the Board or its
designee not later than 15 calendar days after successfully completing the program or not later
than 15 calendar days after the effective date of the Decision, whichever is later.

4. **SOLO PRACTICE PROHIBITION.** Respondent is prohibited from engaging in
the solo practice of medicine. Prohibited solo practice includes, but is not limited to, a practice
where: 1) Respondent merely shares office space with another physician but is not affiliated for
purposes of providing patient care, or 2) Respondent is the sole physician practitioner at that
location.

If Respondent fails to establish a practice with another physician or secure employment in
an appropriate practice setting within 60 calendar days of the effective date of this Decision,
Respondent shall receive a notification from the Board or its designee to cease the practice of medicine within three (3) calendar days after being so notified. The Respondent shall not resume practice until an appropriate practice setting is established.

If, during the course of the probation, the Respondent's practice setting changes and the Respondent is no longer practicing in a setting in compliance with this Decision, the Respondent shall notify the Board or its designee within five (5) calendar days of the practice setting change. If Respondent fails to establish a practice with another physician or secure employment in an appropriate practice setting within 60 calendar days of the practice setting change, Respondent shall receive a notification from the Board or its designee to cease the practice of medicine within three (3) calendar days after being so notified. The Respondent shall not resume practice until an appropriate practice setting is established.

5. **NOTIFICATION.** Within seven (7) days of the effective date of this Decision, the Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the Chief Executive Officer at every hospital where privileges or membership are extended to Respondent, at any other facility where Respondent engages in the practice of medicine, including all physician and locum tenens registries or other similar agencies, and to the Chief Executive Officer at every insurance carrier which extends malpractice insurance coverage to Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15 calendar days. This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

6. **SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE NURSES.** During probation, Respondent is prohibited from supervising physician assistants and advanced practice nurses.

7. **OBEY ALL LAWS.** Respondent shall obey all federal, state and local laws, all rules governing the practice of medicine in California and remain in full compliance with any court ordered criminal probation, payments, and other orders. This shall include Respondent obeying the FDA's revocation of his eligibility to conduct clinical trials or investigations for products regulated by the FDA, that was revoked by the FDA through their Denial of Hearing and
Disqualification Letter of May 21, 2018. Respondent further agrees that he will not seek reinstatement from or with the FDA, pursuant to 21 C.F.R. section 812.119, subdivision (f), or any other applicable authority, to have his eligibility reinstated to conduct clinical trials or investigations for products regulated by the FDA.

8. **QUARTERLY DECLARATIONS.** Respondent shall submit quarterly declarations under penalty of perjury on forms provided by the Board, stating whether there has been compliance with all the conditions of probation. Respondent shall submit quarterly declarations not later than 10 calendar days after the end of the preceding quarter.

9. **GENERAL PROBATION REQUIREMENTS.**

   **Compliance with Probation Unit:** Respondent shall comply with the Board’s probation unit.

   **Address Changes:** Respondent shall, at all times, keep the Board informed of Respondent’s business and residence addresses, email address (if available), and telephone number. Changes of such addresses shall be immediately communicated in writing to the Board or its designee. Under no circumstances shall a post office box serve as an address of record, except as allowed by Business and Professions Code section 2021(b).

   **Place of Practice:** Respondent shall not engage in the practice of medicine in Respondent’s or patient’s place of residence, unless the patient resides in a skilled nursing facility or other similar licensed facility.

   **License Renewal:** Respondent shall maintain a current and renewed California physician’s and surgeon’s license.

   **Travel or Residence Outside California:** Respondent shall immediately inform the Board or its designee, in writing, of travel to any areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty (30) calendar days. In the event Respondent should leave the State of California to reside or to practice, Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of departure and return.

10. **INTERVIEW WITH THE BOARD OR ITS DESIGNEE.** Respondent shall be available in person upon request for interviews either at Respondent’s place of business or at the
probation unit office, with or without prior notice throughout the term of probation.

11. **NON-PRACTICE WHILE ON PROBATION.** Respondent shall notify the Board or its designee in writing within 15 calendar days of any periods of non-practice lasting more than 30 calendar days and within 15 calendar days of Respondent’s return to practice. Non-practice is defined as any period of time Respondent is not practicing medicine as defined in Business and Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct patient care, clinical activity or teaching, or other activity as approved by the Board. If Respondent resides in California and is considered to be in non-practice, Respondent shall comply with all terms and conditions of probation. All time spent in an intensive training program which has been approved by the Board or its designee shall not be considered non-practice and does not relieve Respondent from complying with all the terms and conditions of probation. Practicing medicine in another state of the United States or Federal jurisdiction while on probation with the medical licensing authority of that state or jurisdiction shall not be considered non-practice. A Board-ordered suspension of practice shall not be considered as a period of non-practice.

In the event Respondent’s period of non-practice while on probation exceeds 18 calendar months, Respondent shall successfully complete the Federation of State Medical Boards’ Special Purpose Examination, or, at the Board’s discretion, a clinical competence assessment program that meets the criteria of Condition 18 of the current version of the Board’s “Manual of Model Disciplinary Orders and Disciplinary Guidelines” prior to resuming the practice of medicine.

Respondent’s period of non-practice while on probation shall not exceed two (2) years.

Periods of non-practice will not apply to the reduction of the probationary term.

Periods of non-practice for a Respondent residing outside of California will relieve Respondent of the responsibility to comply with the probationary terms and conditions with the exception of this condition and the following terms and conditions of probation: Obey All Laws; General Probation Requirements; and Quarterly Declarations.
12. **COMPLETION OF PROBATION.** Respondent shall comply with all financial obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the completion of probation. Upon successful completion of probation, Respondent's certificate shall be fully restored.

13. **VIOLATION OF PROBATION.** Failure to fully comply with any term or condition of probation is a violation of probation. If Respondent violates probation in any respect, the Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke Probation, or an Interim Suspension Order is filed against Respondent during probation, the Board shall have continuing jurisdiction until the matter is final, and the period of probation shall be extended until the matter is final.

14. **LICENSE SURRENDER.** Following the effective date of this Decision, if Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy the terms and conditions of probation, Respondent may request to surrender his or her license. The Board reserves the right to evaluate Respondent's request and to exercise its discretion in determining whether or not to grant the request, or to take any other action deemed appropriate and reasonable under the circumstances. Upon formal acceptance of the surrender, Respondent shall within 15 calendar days deliver Respondent's wallet and wall certificate to the Board or its designee and Respondent shall no longer practice medicine. Respondent will no longer be subject to the terms and conditions of probation. If Respondent re-applies for a medical license, the application shall be treated as a petition for reinstatement of a revoked certificate.

**PROBATION MONITORING COSTS.** Respondent shall pay the costs associated with probation monitoring each and every year of probation, as designated by the Board, which may be adjusted on an annual basis. Such costs shall be payable to the Medical Board of California and delivered to the Board or its designee no later than January 31 of each calendar year.
ACCEPTANCE

I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully discussed it with my attorney, Raymond J. McMahon, Esq. I understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order of the Medical Board of California.

DATED: 4/1/2019

MICHAEL ANDREW ARATA, M.D.
Respondent

I have read and fully discussed with Respondent Michael Andrew Arata, M.D. the terms and conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order. I approve its form and content.

DATED: April 24, 2019

RAYMOND J. MCMAHON, ESQ.
Attorney for Respondent

ENDORSEMENT

The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California.

Dated: 4/24/2019

Respectfully submitted,

XAVIER BECERRA
Attorney General of California
MATTHEW M. DAVIS
Supervising Deputy Attorney General

MARTIN W. HAGAN
Deputy Attorney General
Attorneys for Complainant
Exhibit A

Accusation No. 800-2015-014936
BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA

In the Matter of the Accusation Against:

Michael Andrew Arata, M.D.
4501 Birch Street
Newport Beach, CA 92660

Physician’s and Surgeon’s Certificate
No. A 70967,

Respondent.

Complainant alleges:

PARTIES

1. Kimberly Kirchmeyer (Complainant) brings this Accusation solely in her official capacity as the Executive Director of the Medical Board of California, Department of Consumer Affairs (Board).

2. On or about March 3, 2000, the Medical Board issued Physician’s and Surgeon’s Certificate Number A 70967 to Michael Andrew Arata, M.D. (Respondent). The Physician’s and Surgeon’s Certificate was in full force and effect at all times relevant to the charges brought herein and will expire on September 30, 2019, unless renewed.
JURISDICTION

3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code unless otherwise indicated.

4. Section 2227 of the Code provides that a licensee who is found guilty under the Medical Practice Act may have his or her license revoked, suspended for a period not to exceed one year, placed on probation and required to pay the costs of probation monitoring, or such other action taken in relation to discipline as the Board deems proper.

5. Section 2234 of the Code states:

"The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

(a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the violation of, or conspiring to violate any provision of this chapter.

(b) Gross negligence.

(c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or omissions. An initial negligent act or omission followed by a separate and distinct departure from the applicable standard of care shall constitute repeated negligent acts.

(1) An initial negligent diagnosis followed by an act or omission medically appropriate for that negligent diagnosis of the patient shall constitute a single negligent act.

(2) When the standard of care requires a change in the diagnosis, act, or omission that constitutes the negligent act described in paragraph (1), including, but not limited to, a reevaluation of the diagnosis or a change in treatment, and the licensee's conduct departs from the applicable standard of care, each departure constitutes a separate and distinct breach of the standard of care.

MICHAEL ANDREW ARATA, M.D., ACCUSATION NO. 800-2015-014936
"(e) The commission of any act involving dishonesty or corruption which
is substantially related to the qualifications, functions, or duties of a physician
and surgeon.

(f) Any action or conduct which would have warranted the denial of a
certificate.

. . ."

6. Section 2266 of the Code states:

"The failure of a physician and surgeon to maintain adequate and accurate
records relating to the provision of services to their patients constitutes
unprofessional conduct."

7. Unprofessional conduct under California Business and Professions Code section 2234
is conduct which breaches the rules or ethical code of the medical profession, or conduct which is
unbecoming to a member in good standing of the medical profession, and which demonstrates an
unfitness to practice medicine. (Shea v. Board of Medical Examiners (1978) 81 Cal.App.3d 564, 575.)

FIRST CAUSE FOR DISCIPLINE
(Gross Negligence)

8. Respondent is subject to disciplinary action under sections 2227 and 2234, as defined
by section 2234, subdivision (b), in that he committed gross negligence in his care and treatment
of patient A,1 as more particularly alleged hereinafter:

9. On or about 2011, Respondent, an interventional radiologist, established Synergy
Health Concepts, to research, promote and perform, venous balloon angioplasty in order to treat
"autonomic dysfunction" for autonomic disorders allegedly associated with, but not limited to,
multiple sclerosis, Parkinson's disease, traumatic brain injury, and chronic Lyme disease. One of
the procedures utilized by Respondent was venous balloon angioplasty to treat chronic

1 Patient A is being used in place of the patient's name or initials to maintain patient confidentiality.
cerebrospinal venous insufficiency (CCSVI), described as a “narrowing (stenosis) of specific
veins in the neck and chest,” the internal jugular and azygos veins.

10. On or about May 10, 2012, the United States Food and Drug Administration (FDA)
issued a safety communication entitled “Chronic Cerebrospinal Venous Insufficiency [CCSVI]
Treatment in Multiple Sclerosis Patient: FDA Safety Communication” (hereinafter “FDA Safety
Communication”). In the FDA Safety Communication, CCSVI was described as using “balloon
angioplasty devices or stents to widen the narrowed internal jugular or azygos veins” in a
“procedure [that] is sometimes called ‘liberation therapy’ or the ‘liberation procedure.’” The
FDA warned, “[a]t this time, the FDA believes there is no reliable evidence from controlled
studies that this procedure is effective in treating MS (multiple sclerosis)” and “the criteria used to
diagnose CCSVI have not been adequately established.” The FDA further warned “that using
these medical devices in CCSVI treatment procedures posed a risk to patients for a variety of
reasons and that “[t]his communication [the Safety Communication] is also intended to notify
physicians and clinical investigators planning on conducting clinical trials using medical devices
to treat CCSVI that they must comply with FDA regulations for investigational devices.”

11. On or about September 5, 2012, the FDA sent a “Warning Letter” to Respondent, who
was identified as the President and Principal Investigator for Synergy Health Concepts, Inc.
Respondent is a board certified diagnostic radiologist who completed a fellowship in
interventional radiology. He admittedly does not have the training to “treat MS per se” but claims
he can treat symptoms which are “autonomic in nature.” The Warning Letter advised Respondent
of objectionable conditions observed during the [FDA’s] inspection conducted at Synergy Health

---

These reasons included, but were not limited to, because: (1) “There is no clear
diagnostic evidence that CCSVI exists as a distinct clinical disorder or is linked to MS,” (2)
“Venous stenoses seen on imaging tests may be normal variants that do not cause any symptoms
or disease, since they are sometimes seen in healthy people,” (3) “The safety and effectiveness of
using balloon angioplasty devices or stents in the internal jugular or azygos veins has not been
established in any clinical condition; nor has the FDA approved the use of these devices in these
veins,” (4) “There is no clear scientific evidence that the treatment of internal jugular or azygos
venous stenosis is safe in MS patients, impacts the symptoms of MS, changes the overall course
of MS or improves the quality of life for MS patients,” and (5) “It is possible that stent placement
can worsen any venous narrowing. This is because further narrowing has been shown to
sometimes occur with stents placed in normal veins, due to the body’s response to the implant.”
Concepts, Inc. (Synergy Health) from April 10, 2012, to May 15, 2012, by an investigator from the FDA Los Angeles District Office.” According to the Warning Letter, “[t]he inspection was conducted ... to ensure that data and information contained in requests for Investigational Device Exemption (IDE), Premarket Approval (PMA) applications, and Premarket Notification Submissions [were] scientifically valid and accurate” and also “to ensure that human subjects are protected from undue hazard or risk during the course of scientific investigations.” The “objectionable” conditions related to “Synergy Health in its role as a sponsor” and Respondent “[a]s a clinical investigator.” In regard to “Synergy Health in its role as a sponsor,” the FDA warned of the following objectionable conditions: (1) “Failure to submit an Application to the FDA and obtain IRB (Investigational Review Board) and FDA approval prior to allowing subjects to participate in the investigation...” and (2) “Failure to maintain accurate, complete, and current device shipment records....” In regard to being a clinical investigator, the FDA warned of the following objectionable conditions: (1) “Failure to ensure that informed consent was obtained in accordance with [federal regulations]” and (2) “Failure to maintain accurate, complete, and current records related to your participation in the investigation...”

12. On or about late 2014, patient A, a then-71-year old female, who had been diagnosed with MS in 2011, discovered Respondent after doing online research concerning possible treatments for MS symptoms. Believing that Respondent’s treatment could potentially provide relief for her MS symptoms, she sent an email to his office and was contacted shortly thereafter by a nurse that worked for Respondent. The nurse did an initial patient intake interview over the phone in which patient A was asked a series of questions about her MS and related symptoms. In response to the questions, patient A advised the nurse she was diagnosed with MS in 2011 and reported that in the past year she had suffered severe symptoms with chronic fatigue and tiredness, chest tightness (more severe at night), cold intolerance, bowel disturbances, and cramping in her right leg. When asked, patient A also identified other symptoms classified as mild to moderate.

3 The Warning Letter noted, “[t]he violations described above are not intended to be an all inclusive list of problems that may exist with your firm and your clinical study. It is your firm’s responsibility as a study sponsor; and you, as a clinical investigator, to ensure compliance with the Act and applicable regulations.”
This information was documented on a “TVAM [Transvascular Autonomic Modulation] Intake” form. After discussing her current symptoms, patient A was advised her symptoms were most likely the result of “venous compression” and “autonomic dysfunction” which Respondent could treat with a procedure that would cost thirteen thousand dollars. The nurse claimed the costs would be covered by Medicare and her secondary insurance, Anthem Blue Cross. Patient A agreed to pay an initial deposit of one thousand dollars and an appointment was scheduled for January 12, 2015, at Respondent’s office in Newport Beach, California.

13. According to Respondent’s certified medical records, at some time before the scheduled office visit with patient A, a lab order was placed for a comprehensive metabolic panel, complete blood count, “PT/PTT/INR,” a “Salivary Cortisol Test,” and a “SIBO Breath test kit” with directions to fax the lab results back to Respondent “Attention Clinical Coordinator.” The Genova Diagnostics test kit for the salivary cortisol test was collected on January 7, 2015, and completed on January 12, 2015. While the Genova Diagnostics SIBO breath test kit was sent to patient A after her scheduled procedure was performed, patient A claims the results of the lab tests “...were not shared with me the patient, and seemed to have no relevancy to the procedure.”

14. On or about January 12, 2015, patient A had a pre-procedure visit at Respondent’s office. Patient A was asked to pay another $2,000, which she refused to do, and advised one of Respondent’s staff that they could seek reimbursement through her insurance. During this brief office visit, patient A’s vital signs were obtained and she also signed a number of forms, that were not fully discussed with her, relating to the procedure to be performed the next day, which allegedly would provide relief for her MS symptoms. Patient A was not adequately informed, among other things, that the procedure to be performed was not generally accepted within the medical community, she was not advised of the FDA Safety-Communication of May 10, 2012, 

4 According to patient A, she was never advised there was disagreement in the medical community about the TVAM procedure that was performed on January 13, 2015. An informed consent of January 12, 2015, failed to mention there was disagreement in the medical community concerning the procedure. Additionally, while there is a type-written procedure note dated January 13, 2015, with a section entitled “INFORMED CONSENT,” which indicates patient A was advised of “the incomplete agreement in the medical community of the benefits of the procedure...” that is categorically denied by patient A who claims she was never advised of any disagreement in the medical community regarding the procedure performed on her.
and she was unaware Respondent was being scrutinized by the FDA for his off-label use of angioplasty balloon devices that FDA deemed "significant risk devices" under applicable federal regulations. During this visit, there was no detailed pre-procedure history obtained, no physical examination performed by Respondent, and no cardiovascular or neurological assessment.

According to Respondent’s medical records, certain “Autonomic” tests were performed which included a Heart Rate Deep Breathing (HRDB) Test, a HRDB Analysis, HRDB (R-R) Analysis, Valsalva Maneuver Test and Sweat Response Test.

15. On or about January 13, 2015, patient A arrived early at Respondent’s office where she was prepped for her outpatient procedure which, according to the available medical records, would be performed under conscious sedation. Once again, there was no indication of any detailed history and/or physical examination. According to the medical record for this visit, patient A’s procedure diagnosis was “Venous compression, Autonomic Dysfunction” and the procedures to be performed were listed as: “(1) Bilateral internal jugular vein, cerebral sinuses, left renal, left iliac, azygos and subclavian venograms; (2) Ballooning of internal jugular vein: 12 mm left, 14 mm right; (3) Ballooning of the azygos vein: 6 mm; (4) Ballooning of the left renal vein: 10 mm; (5) ballooning of the left iliac vein: 10 mm; [and] (6) Intravascular ultrasound interrogation.” The alleged indication for the procedure was “[t]he patient has chronic venous compression and dysautonnia.” Following the procedure, Respondent documented, “INTERPRETATION: Successful bilateral jugular and sinus, azygos, SVC, IVC, left iliac, and left renal venography [with] Venous compressive disease identified and successfully treated…” Patient A was advised, at some point during this visit, that some patients have immediate improvement in their symptoms, other patients take longer to see improvement, but all patients who had undergone the same procedure had improvement of their MS symptoms. After the procedure, patient A was picked up by her daughter and returned to her hotel room.

/ / / / /  

5 Respondent acknowledged in his interview before a Department of Consumer Affairs, Health Quality Investigation Unit (“HQIU”) investigator that he failed to document a history and physical examination.
16. On or about January 14, 2015, patient A returned to Respondent’s office for her post-
procedure visit. At this time, Respondent advised patient A the procedure was “a success.” He
identified the procedure as the TVAM procedure and indicated it was very similar to the CCSVI
procedure. Respondent provided patient A with a compact disc and a packet which contained
information on stem cell therapy. Respondent then told patient A that many of his patients also
opted to have stem cell therapy, in addition to the TVAM procedure, and the patients who did so
reported better outcomes. Patient A was told that if she extended her stay one more day, she
could receive the stem cell treatment, and was quoted a price of ten thousand dollars ($10,000).
Patient A politely declined. Near the end of the visit, patient A was given directions to a
pharmacy that was fifteen to twenty minutes away, where she could obtain the medications
recommended by Respondent. When patient A arrived at the pharmacy, she received two to three
more calls from one of Respondent’s staff members, who attempted to persuade her to stay one
extra day for the stem cell therapy, with the staff member ultimately quoting a revised price of six
thousand dollars ($6,000). Once again, Patient A declined.

17. According to Respondent, at some time after the procedure on January 13, 2015,
patient A was contacted by a nurse who worked for Respondent advising her she would be
receiving an additional test kit from Genova Diagnostics. Patient A provided the sample for the
test and returned the sample to Genova Diagnostics. According to the medical records, a
Bacterial Overgrowth of the Small Intestine Breath Test was collected on May 21, 2015, and
completed on May 28, 2015. Patient A was never advised of the results of this test and never
received any additional follow up from Respondent or any of his staff.

18. In or about June 2015, patient A received a billing statement from Respondent
requesting payment in the amount of $16,174.39. After doing some additional investigation,
patient A obtained documentation indicating that Respondent billed $113,821.08 to Medicare and

---

6 In his interview before an HQIU investigator, Respondent stated “the stem cells may
have been presented as one of the treatments that we provide, but that is not something that I
offer” and “I think that the stem cell applications, um, are interesting and they – they have
potential, but it’s not something I’d say, ‘I think this is going to help you.’ It’s – yeah, it could.”
Patient A disputes Respondent’s claim that he did not encourage her to undergo stem cell therapy
after having the TVAM procedure.
nearly $47,000 to her secondary insurance, Anthem Blue Cross, for services related to the
procedure performed on January 13, 2015. Patient A contacted Respondent’s office to complain
and was told that the company that handled Respondent’s billing made errors in regard to the
charges submitted to Medicare and Anthem Blue Cross and steps had been taken, or were being
taken, to address the issue.

19. On or about September 13, 2016, the FDA sent Respondent a “Notice of Initiation of
Disqualification Proceedings and Opportunity to Explain (NIDPOE).” The NIDPOE stated,
among other things, “[b]ased on our evaluation of information obtained by the Agency, we
believe that you, as a sponsor-investigator, have repeatedly or deliberately violated regulations
governing the proper conduct of clinical studies involving investigational products ...” The
violations were listed as: “(1) You repeatedly failed to submit an application to the FDA and
obtain institutional review board (IRB) and FDA approval prior to allowing subjects to participate
in the investigation...; (2) You deliberately allowed subjects to participate in a study before
obtaining approval from the reviewing IRB prior to initiation of the study; (3) You deliberately
failed to ensure that IRB-approved informed consent was obtained from study subjects and
adheres to informed consent requirements...; (4) You deliberately represented a device as safe
and effective for the purpose of treating various diseases other than those for which FDA has
approved them...; and (5) You repeatedly failed to maintain accurate and complete records of
receipt, use and disposition of devices....”

20. On or about March 8, 2017, the FDA issued a safety communication entitled “FDA
Concern over Experimental Procedures that Use Balloon Angioplasty Devices to Treat
Autonomic Dysfunction.” In this safety communication, the FDA stated its purpose of the safety
communication was:

“Purpose: To alert the audiences listed above [“health care providers” and “people
considering treatment options for autonomic dysfunction”] about an experimental
procedure called Transvascular Autonomic Modulation (TVAM). This procedure
may put patients at risk because [it] is being promoted as a treatment for a variety of
conditions even though it has not been formally studied in clinical trials. The
procedure uses balloon angioplasty devices outside the scope of the FDA-approved
indications for use.

////
"This safety communication supplements a 2012 safety communication [with a link to the FDA’s earlier safety communication of May 10, 2012] and warning letter [with a link to the FDA’s warning letter to Respondent of September 5, 2010] addressing the risk of serious injuries and death associated with similar experimental procedures, using the same medical devices, to treat Chronic Cerebrospinal Venous Insufficiency (CCSVI).

"Summary of Problem and Scope: TVAM consists of threading a catheter into a patient’s venous system, such as the jugular vein, where a balloon attached to the catheter inflates to widen the vein walls. **At least one physician, Dr. Michael Arata claims the procedure treats the signs and symptoms of autonomic dysfunction in a number of neurological disorders. The FDA has not reviewed any data that supports the safety and effectiveness of balloon angioplasty devices for this intended use.**" (Emphasis added.)

The FDA Safety Communication reported “[t]here is no clear scientific evidence to support that the treatment of internal jugular venous stenosis: is safe in any patients, including those with autonomic dysfunction; impacts the symptoms on autonomic dysfunction; changes the overall course of health conditions derived from autonomic dysfunction; or approves the quality of life for patients with autonomic dysfunction.” Additionally, the FDA warned that “TVAM and other similar experimental procedures have been associated with serious complications” by stating, in pertinent part:

“After the safety communication issued in May 2012, the FDA received at least one medical device report of a balloon rupturing during placement in a patient’s jugular vein. Physicians ultimately determined the balloon had migrated to the patient’s lung, requiring surgery to remove the ruptured balloon. [1] “Other serious complications reported to the FDA or discussed in medical journals include: at least one death, blood clots in a vein in the brain (which may lead to stroke), cranial nerve damage, and abdominal bleeding.”

Once again, all interested parties were warned “[t]he FDA is aware of at least one physician, Dr. Michael Arata, who has continued to conduct unauthorized clinical research using these devices [and] [t]he expanded list of neurological disorders he claims to treat warrant an update to the 2012 safety communication on the subject.”

21. On or about June 21, 2017, the FDA hand delivered a Notice of Opportunity of Hearing (NOOH) letter to Respondent, identified as the President of Synergy Health Concepts, Inc. The NOOH letter advised Respondent of the numerous violations, as generally discussed herein, and his repeated violations, some of which were previously identified when “…FDA conducted an inspection from April 10 through May 15, 2012, which resulted in FDA issuing to
[Respondent] a Warning Letter dated September 5, 2012...” In general, the violations identified in the NOOH letter concerned Respondent’s use of a balloon angioplasty technique and device “the internal jugular veins, and azygos veins (vascular lesions) ... which were not approved for dilation of jugular, azygos, renal or iliac veins” with the FDA noting the technique and device had not been properly approved for such use and “[a]s a result, you continued to place subjects at increased risk of serious harm, despite having received the 2012 WL [Warning Letter].” Moreover, the FDA found that Respondent, as a sponsor-investigator, had deliberately represented in various publications that the use of the balloon angioplasty technique and device was safe and effective “for the purpose of investigating various diseases other than those for which the FDA has approved them” with citation to various publications. These representations were made when there was no reliable evidence from controlled clinical trials to support such claims.

22. On or about May 21, 2018, the FDA issued Respondent a Notice of Denial of Hearing and Disqualification Letter to Respondent.

23. Patient A has received no relief from her MS symptoms since the TVAM procedure was performed on her by Respondent on or about January 13, 2015.

24. Respondent committed gross negligence in his care and treatment of patient A which included, but was not limited to, the following:

(a) Respondent performed a risky and disproven invasive procedure on patient A on or about January 13, 2015.

SECOND CAUSE FOR DISCIPLINE

(Repeated Negligent Acts)

25. Respondent is further subject to disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (c), of the Code, in that he committed repeated negligent acts in his care and treatment of patient A, as more particularly alleged herein:

26. Respondent committed repeated negligent acts in his care and treatment of patient A which included, but was not limited to, the following:

/ / / /
(a) Paragraphs 8 through 24, above, are hereby incorporated by reference and realleged as if fully set forth herein;

(b) Respondent performed a risky and disproven invasive procedure on patient A on or about January 13, 2015;

(c) Respondent failed to obtain and/or document a comprehensive history and failed to perform and/or document a comprehensive physical examination on patient A;

(d) Respondent performed excessive and unnecessary laboratory testing on patient A which included, but were not limited to, a Salivary Cortisol Test, Heart Rate Deep Breathing (HRDB) Test, a HRDB Analysis, HRDB (R-R) Analysis, Valsalva Maneuver Test and Sweat Response Test;

(e) Respondent treated patient A without performing appropriate testing on patient A to rule out other possible etiologies of her symptoms including, but not limited to, sleep evaluation, testing for abdominal discomfort, blood tests for thyroid, nutrient evaluation and heavy metal testing, cardiac imaging, evaluation of upper gastrointestinal system, evaluation of cortisol levels, and possible biofeedback; and

(f) Respondent had billing irregularities in regard to his office visits and the procedure he performed on patient A.

THIRD CAUSE FOR DISCIPLINE

(Dishonesty or Corruption)

27. Respondent is further subject to disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (e), of the Code, in that he has engaged in an act or acts of dishonesty or corruption substantially related to the qualifications, functions, or duties of a physician, as more particularly alleged in paragraphs 8 through 24, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

/////
FOURTH CAUSE FOR DISCIPLINE

(Failure to Maintain Adequate or Accurate Records)

28. Respondent is further subject to disciplinary action under sections 2227 and 2234, as defined by section 2266, of the Code, in that he failed to maintain adequate and accurate records in his care and treatment of patient A, as more particularly alleged in paragraphs 8 through 24, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

FIFTH CAUSE FOR DISCIPLINE

(General Unprofessional Conduct)

29. Respondent is further subject to disciplinary action under sections 2227 and 2234, as defined by section 2234, of the Code, in that he has engaged in conduct which breached the rules or ethical code of the medical profession or which was unbecoming a member in good standing of the medical profession, and which demonstrates an unfitness to practice medicine, as more particularly alleged in paragraphs 8 through 28, above, are hereby incorporated by reference and realleged as if fully set forth herein.
PRAYER

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

1. Revoking or suspending Physician’s and Surgeon’s Certificate Number A 70967, issued to Respondent Michael Andrew Arata, M.D.;

2. Revoking, suspending or denying approval of Respondent Michael Andrew Arata, M.D.’s authority to supervise physician assistants and advanced practice nurses;

3. Ordering Respondent Michael Andrew Arata, M.D., if placed on probation, to pay the Board the costs of probation monitoring; and

4. Taking such other and further action as deemed necessary and proper.

DATED: June 28, 2018

KIMBERLY KIRCHMEYER
Executive Director
Medical Board of California
Department of Consumer Affairs
State of California
Complainant