## STATE OF COLORADO

STATE BOARD OF MEDICAL EXAMINERS

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VIA CERTIFIED MAIL January 12, 2005 Case No. 2005-001008-A

Terry Grossman, M.D. Frontier Medical Institute 2801 Youngfield Street, Ste. 117 Golden, CO 80401

Dear Dr. Grossman:

Inquiry Panel A of the Colorado Board of Medical Examiners has reviewed the status of its inquiry regarding your supervision of Steven Parcell, N.D. It was the Panel's decision not to commence with formal proceedings against your license to practice medicine. However, the Panel did vote to administer disciplinary action to you in the form of this letter of admonition.

Board records reflect that on April 22, 2004 an investigator on behalf of the Board of Medical Examiners scheduled an appointment with Steven Parcell at the Frontier Medical Institute. When he made the appointment, he advised the scheduler that he wanted a complete physical and did not mention any concerns about nutrition or express any desire for nutritional counseling.

The health history provided by the investigator included a weight gain of about thirty-five pounds two years ago with stable weight thereafter, increasing lack of energy, lethargy and fatigue, increased amount of stiff and sore muscles in general, increased low back and neck, and increased snoring the past two years. He also noted seasonal asthma due to allergies that had increased within the past month and indicated that he had not had a physical examination for two years.

Steven Parcell reviewed his history and advised the investigator that he suspected he had a testosterone deficiency. He then inquired if the investigator was taking Lipitor to which he answered no. The investigator went on to advise Mr. Parcell that he had developed dry skin, especially on his scalp, and that he was cold all the time. Mr. Parcell then suggested that the investigator have his thyroid tested. The investigator also told Mr. Parcell that his cholesterol level had been mildly elevated approximately two years ago when it had last been checked and Mr. Parcell expressed little, if any, concern about this issue.

Steven Parcell then drew a type of flow chart to illustrate his initial treatment plan, including blood testing for thyroid, testosterone and other hormones. Mr. Parcell advised the investigator that if any results were abnormal, he could prescribe treatment and more than likely resolve all of the investigator's presenting problems. Mr. Parcell then went on to state that if the blood test results were normal, the next step would be to test for toxic metals in the investigator's blood and hair and do treatment based on any abnormal results of those tests.

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Steven Parcell then performed a limited physical examination that consisted of examining the investigator's ears, auscultating the investigator's lungs front and back, and percussing his back. He tested the reflexes of both knees. At the investigator's request, he examined a couple of moles and one keratosis. He also checked the investigator's throat.

At no time during this examination process were you, as the supervising physician, consulted with respect to Steven Parcell's examination, diagnosis or treatment plan. Steven Parcell provided delegated medical services outside the context of an appropriate physician/patient relationship. The Panel found that Mr. Parcell's provision of services to the Board's investigator on April 22, 2004 was in violation of the Board's Rules and Regulations Regarding the Delegation and Supervision of Medical Services to Unlicensed Health Care Providers, pursuant to section 12-36-106(3)(I), C.R.S. This rule violation also constitutes a violation of section 12-36-117 of the Colorado Revised Statutes.

By this letter, the Panel hereby admonishes you and cautions you that complaints disclosing any repetition of such practice may lead to the commencement of formal disciplinary proceedings against your license to practice medicine, wherein this letter of admonition may be entered into evidence as aggravation.

You are advised that it is your right to have this case reviewed by judicial procedure. To do so, you must submit a written request within twenty (20) days after receipt of this letter. In your request, you must clearly ask that formal disciplinary proceedings be initiated against you to adjudicate the propriety of the conduct upon which this letter of admonition is based. If such request is timely made, this letter of admonition will be deemed vacated, and the matter will be processed by means of a formal complaint and hearing. This is in accordance with the provisions of the Medical Practice Act governing the discipline of licensed physicians.

Very truly yours,

FOR THE BOARD OF MEDICAL EXAMINERS INQUIRY PANEL A

Patrick O. Faricy, M.D.

Chair

POF/de

xc: Robert N. Spencer, Esq.